

Name:

Date:

Student Self-Assessment: My Learning & Independence

Instructions: Reflect on your learning habits and independence. Put a checkmark on the answer that best describes your current approach, and respond to the reflection questions at the bottom.

LEARNING HABIT	OFTEN	ALWAYS	SOMETIMES	RARELY
I begin tasks right away without reminders.				
I follow steps to complete a task independently.				
I ask for help only after trying on my own.				
I stay focused and ignore distractions.				
I take responsibility for my learning (ex: check work, meet goals).				

What is something you do well as an independent learner?

What is one area you'd like to improve?

What steps can you take to improve?

How can your teacher or classmates support you in this goal?



















I am a Learning SUPERSTAR!

Instructions:

Think about how you worked today! Color or circle the face that matches how you feel about each statement.

Name: _____

Date: _____

My Learning Choices	 Yes	 Sometimes	 Not Yet
I tried my best.			
I listened and followed directions			
I kept working even when it was hard.			
I stayed in my spot and focused.			
I used kind words and helped others.			

My favorite thing I did today was: _____

Something I want to get better at is: _____

I will try to improve by: _____





Independent Learning Self-Assessment

Name: _____

Date: _____

Instructions: Reflect on your work today. Be honest with yourself—this is for your growth!
Circle the number that best represents your experience.

LEARNING HABIT	NOT YET	SOMETIMES	MOST OF THE TIME	ALWAYS
I stayed focused and avoided distractions.	1	2	3	4
I took responsibility for my learning.	1	2	3	4
I worked through challenges without giving up.	1	2	3	4
I asked questions or used resources when I needed help.	1	2	3	4
I used my time wisely and completed tasks efficiently.	1	2	3	4

1. What did I do well today? _____

2. What was challenging for me? _____

3. What is one thing I can do to improve next time? _____

4. If I could give myself advice for tomorrow, what would it be? _____

